

## Painting Portraits - material list for one day workshop

- Canvas, canvas paper or Board to paint on. Bring one support, minimum 14" x18" for the workshop. This may be cheap canvas from a \$2 shop.
- An A4 art journal or cartridge paper, willow charcoal/4b pencil and rubber for sketching out ideas
- A selection of 3-4 filbert brushes small, medium and large size. A large glue brush for painting a ground is also useful.
- A rectangle plastic or wooden palette (no smaller than A3 size)
- Rags, Apron
- Paints: Students may use Oils or acrylics depending on preference.

A good basic colour palette includes:

- Ochre yellow (warm) and lemon yellow (cool);
- Ultramarine Blue
- Burnt Sienna
- Titanium White

Please buy 'student quality' paints (Matisse Derivan Acrylics or Art Spectrum oils/acrylics are good, reasonably priced brands). Cheap paints are a waste of money! At least have a good quality titanium white.

If using Oil Paints:

You will need odourless solvent for cleanup and mixing. Some linseed oil to mix your own medium is also recommended but not necessary for a one day workshop. We recommend 'Gamsol' by Gamblin. This is the least toxic solvent on the market and the same price as other odourless solvents. Solvents MUST be odourless. Oil painting solvents must not be tipped down the sink. You will need to bring 2 small jars with lids to take away spent solvents/mediums. Spent solvents/mediums must be taken with you and not left in the hall. Your tutor will give you information on reusing and disposing of spent solvents and mediums. You need to clean oil brushes at home. If you want to save paint bring some glad wrap to put over your pallet.

If using Acrylic Paints:

Bring a general purpose flow medium.